



What are Community Health Centers?

Community, Migrant, and Homeless Health Centers are **non-profit, community-directed providers** that remove common barriers to care by serving communities who otherwise confront financial, geographic, language, cultural and other barriers. Also known as Federally-Qualified Health Centers (FQHCs), they:

- are **located in high-need areas** identified as having elevated poverty, higher than average infant mortality, and where few physicians practice;
- are **open to all residents**, regardless of insurance status or ability to pay;
- **tailor services** to fit the special needs and priorities of their communities, and provide services in a linguistically and culturally appropriate manner;
- provide **comprehensive primary and other health care services**, including services that **help their patients access care**, such as transportation, translation, and case management;
- **provide high quality care**, reducing health disparities and improving patient outcomes;¹
- are **cost effective**, reducing costly emergency, hospital, and specialty care, and **saving the health care system between \$9.9 to \$17.6 billion a year nationally.**²

North Dakota Federally-Supported Health Centers

Number of Organizations	5
Number of Delivery Sites	29
Total Patients	23,998
Number Migrant/Seasonal Farmworker Patients	146
Number Homeless Patients	1,347

	Health Center Population	State Population ³	US Population ³
Percent at or Below 100% of Poverty , 2007	58%	13%	17%
Percent Under 200% of Poverty , 2007	93%	32%	36%
Percent Uninsured , 2007	23%	11%	12%
Percent Medicaid , 2007	23%	9%	13%
Percent Medicare , 2007	11%	13%	15%
Percent Hispanic/Latino , 2007*	4%	2%	15%
Percent African American , 2007*	6%	1%	13%
Percent Asian/Pacific Islander , 2007*	1%	1%	5%
Percent American Indian/Alaska Native , 2007*	5%	5%	1%
Percent White (Including Hispanic/Latino), 2007*	88%	92%	80%
Percent Rural , 2007	54%	53%	16%

* May not sum to 100% due to rounding and non-inclusion of two or more races. 0% may indicate <0.5%. Health center racial and ethnic population data may vary from last year due to changes in reporting.

Percent of Vulnerable North Dakota Residents Served by Federally-Supported Health Centers⁴

Percent of Low Income, Uninsured , 2007	13%
Percent of Medicaid Beneficiaries , 2005	10%
Percent of Population at or Below 100% of Poverty , 2007	18%

Economic Benefits of North Dakota Federally-Supported Health Centers

Wasted Expenditures on Avoidable Emergency Department Visits , 2006 ⁵	\$41,491,015
Economic Benefits Generated for Local Communities, 2006 ²	\$14,662,971

North Dakota Health Center Fact Sheet, 2007

Data for federally-funded health centers only and may therefore underreport the true volume of care. See note below.

Health Center Staff and Related Patient Visits

	FTE*	Patient Visits
Primary Care Physicians	8.1	37,235
NPs/PAs/CNMs	12.3	29,176
Nurses	19.2	3,784
Dentists	2.9	7,512
Dental Hygienists	2.5	3,532
Behavioral Health Specialists [#]	1.4	2,357
Pharmacy	0.0	N/A
Total Enabling Services [†]	22.8	5,475
Other Staff	69.3	N/A
Total	138.5	89,071

* Full-time equivalent.

[#] Includes psychiatrists, psychologists, and licensed or credentialed behavioral health providers.

[†] Includes outreach workers, health educators, case managers, translators, transportation, eligibility assistance workers, and child care workers. Not all staff have related patient visits.

Patient Visits and Patients by Selected Primary Diagnoses and Services

	Patient Visits	Patients
<i>Medical Conditions</i>		
Hypertension	4,271	1,962
Diabetes mellitus	3,072	1,207
Heart Disease (Selected)	1,399	546
Asthma	701	463
Depression & Other Mood Disorders	2,360	1,393
All Mental Health & Substance Abuse	5,175	N/A
<i>Preventive Services</i>		
Health Supervision Ages 0-11*	2,279	1,339
Selected Immunizations [#]	2,544	2,091
Oral Dental Exams	5,850	4,136
Pap Test	1,474	1,339
Mammogram	111	110
HIV Test	32	32

* Well child visits. [#] Includes DPT, MMR, polio, influenza, hepatitis A & B, HiB, etc.

Percent of Health Centers Providing Select Services Onsite*

<i>Professional Services</i>	
General Primary Medical Care	100%
Prenatal Care	80%
Preventive Dental Care	40%
Mental Health Treatment/Counseling	80%
Substance Abuse Treatment & Counseling	80%
Hearing Screening	80%
Vision Screening	80%
Pharmacy	60%
<i>Preventive Services</i>	
Smoking Cessation Program	60%
HIV Testing And Counseling	20%
Glycosylated Hemoglobin Measurement, Diabetes	60%
Blood Pressure Monitoring	100%
Blood Cholesterol Screening	60%
Weight Reduction Program	60%
<i>Enabling Services</i>	
Case Management	100%
Eligibility Assistance	100%
Health Education	100%
Interpretation/Translation Services	80%
Transportation	60%
Out stationed Eligibility Workers	0%

* "Onsite" includes services rendered by employees, contracted providers, volunteers and others who render services in the health center's name. Health centers may also provide services through formal referral arrangements.

Health Center Costs of Care

Average Cost per Patient	Cost
Medical Costs per Medical Patient*	\$299
Dental Costs per Dental Patient	\$299
Total Cost per Total Patient [#]	\$431
<i>Average Cost per Patient Visit</i>	
Medical Cost per Medical Patient Visit	\$99
Dental Costs per Dental Patient Visit	\$120

* Excludes lab and x-ray as in previous years.

[#] Includes the total cost of all services over total users.

Sources and Notes

Unless otherwise specified, this fact sheet is based on Bureau of Primary Health Care, HRSA, DHHS, 2007 Uniform Data System (UDS). It includes data from Federally-Qualified Health Centers (FQHCs) that receive federal health center grants and are therefore required to report administrative, clinical and other information. Data do not account for a category of FQHCs that does not receive these funds, known as FQHC Look-Alikes. There are approximately 100 FQHC Look-Alikes across the United States. Consequently, data reflected in this fact sheet may underreport the true volume of care delivered by health centers.

¹ See the NACHC 2008 Chart Book at www.nachc.com/research.

² NACHC, Robert Graham Center, and Capital Link, *Access Granted*, August 2007, <http://www.nachc.com/research-reports.cfm>.

³ Urban Institute and Kaiser Commission on Medicaid and the Uninsured estimates based on Census Bureau's March 2007 and 2008 Current Population Survey. See Kaiser Family Foundation, State Health Facts Online, www.statehealthfacts.org. U.S. Census Bureau, Table 4: Annual Estimates of the Population by Race Alone and Hispanic or Latino Origin for the United States and States: July 2007. Released May 2008. <http://www.census.gov/popest/states/>.

⁴ Compares health center 2005 and 2007 UDS to 2005-2006 and 2006-2007 state population data, respectively. State population data come from Kaiser Family Foundation, State Health Facts Online. www.statehealthfacts.kff.org.

⁵ NACHC and Association of Community Affiliated Plans, *The Impact of Health Centers and Community-Affiliated Health Plans on Emergency Department Use*, April 2007, <http://www.nachc.com/research>.

For more information, email research@nachc.com or visit www.communityhealthcare.net.

This publication was supported by Grant/Cooperative Agreement Number U30CS08661 from the Health Resources and Services Administration, Bureau of Primary Health Care (HRSA/BPHC). Its contents are solely the responsibility of the authors and do not necessarily represent the official views of HRSA/BPHC.